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History of Babao Arnis updated

Narrie would exchange their knowledge of the Filipino martial arts The two became "kumpadres", Dan is the godfather of Narrie's youngest son, Kris Narrie and his wife, Zena, have two other sons, Narrison and Jack, who are now Master and Guro (instructors) in Babao Arnis

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a straightened arm as a blocking maneuver, Arko Series of circular strikes, also referred as sirkulo Arnis Lit "harness," terms used in ...

Martial Arts of the World

Comparative Cultural Analysis(1972), Feuding and Warfare(1991), and The Ultimate Coercive Sanction: A Cross-Cultural Study of Capital Punishment (1986) Joseph R Svinth Editor, Electronic Journals of Martial Arts and Sciences; martial arts history, cul- tural studies; Kronos: A Chronological History of the Martial Arts and Com- bative Sports, numerous articles in scholarly journals

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